



高主教書院小學部

Raimondi College Primary Section

校訊
Newsletter
2024-2025

Dear Parents and Raimondians,

As we conclude another academic year, I extend my sincere gratitude to Almighty God for the blessings and support we have received. To begin, my heartfelt appreciation goes to all who have contributed to creating such a warm and supportive environment for our students.

We celebrate the graduation of our Primary Six students, a significant milestone in their educational journey. This transition marks the culmination of years of hard work and the beginning of new opportunities and challenges. I thank each of you for your unwavering commitment and effort. Our Primary Six students have achieved remarkable success across various competitions and events.

In the Hong Kong Primary Science Olympiad, our students demonstrated exceptional critical thinking and problem-solving abilities, underscoring the importance of cultivating a passion for scientific exploration in today's evolving world. Additionally, our students excelled in creative English competitions, where their writing and communication skills shone brightly. This success highlights the emphasis we place on language development and creativity within our curriculum, equipping students with essential skills for effective self-expression.

In prestigious music competitions, they secured multiple gold awards, showcasing their artistic talents and dedication to arts. The art competitions allowed expression of creativity and unique perspectives. These accomplishments reflect their skills as well as the supportive environment fostered by our teachers and parents. In sports, our students achieved championships in swimming, shot put, and rope skipping, demonstrating teamwork, discipline, and perseverance. These victories promote physical health and instill values that will serve them throughout life. Our athletes often pushed limits, setting personal records and embracing the joy of healthy competition. Our goal is to nurture well-rounded individuals who excel academically, musically, artistically, and athletically. Congratulations to all our students for their inspiring perseverance and commitment. I offer my deepest gratitude to God for His guidance, who made all these achievements possible.

To our graduates, you are stepping into a world transformed by advancements like artificial intelligence. Yet, the core values you've learned here will remain your foundation, guiding you through future challenges with confidence and grace. Rooted in our Catholic tradition, our school strives to instill compassion, integrity, and love within you. As the late Pope Francis reminded us, we are called to live for others and recognize Christ in everyone we meet. This message of love and service is central to our mission and will help you navigate life's opportunities and challenges.

As you move forward, remember to embrace our three core values: Love, which fosters compassion for others; Unity, which encourages collaboration with diverse individuals; and Perseverance, which inspires focus and resilience in the face of difficulties. These values will enhance your personal growth and enable you to contribute positively to your communities.

I express my deepest appreciation to our teachers, staff, parents, and alumni for their unwavering dedication. Your collective efforts have created an enriching environment, ensuring our students receive a high-quality education. Parental involvement, whether through volunteering, attending meetings, or supporting learning at home, has a profound impact on student success. Studies consistently show that engaged parents contribute to better academic and social outcomes. Thank you for being our partners in this journey.

Our teaching staff works tirelessly to provide an exceptional educational experience, nurturing young minds and fostering a love for learning. Their passion is evident in our students' achievements, inspiring them to reach new heights. To our caretakers and support staff, your behind-the-scenes efforts ensure our school operates smoothly, providing a safe and supportive environment for all. Your diligence is invaluable.

I also acknowledge our esteemed alumni and benefactors, whose contributions—whether financial or through sharing expertise—greatly enrich our community. Your continued support demonstrates the lasting impact of a Raimondian education, and we are immensely grateful.

As we reflect on the past year, let us celebrate our shared commitment to nurturing capable, confident Raimondians. Together, we build a community that values education, compassion, and excellence.

May the Lord guide and protect you always.

Yours sincerely,

Ms. Lam Ngan Yin

“Fear not, for I am with you; be not dismayed, for I am your God.” (Isaiah 41:10)





I 區聯校天主教活動

本校 12 位四至六年級公教學生於 2025 年 2 月 22 日下午，與其他九間教區小學攜手參加了香港天主教教區 I 區聯校公教生活動。當日陽光明媚，學生們滿懷感恩的心情前往長洲的花地瑪聖母堂朝聖，並深入了解該聖堂的建築特色和歷史背景。

祈禱儀式由陳尚華神父主持，學生們藉此機會靜心反思，效法聖伯多祿的精神，追隨基督，力求成為充滿希望的朝聖者。

活動期間，學生們還品嚐了長洲著名的糯米糍，並悠然漫步於長洲的山徑，前往「小長城」展開郊遊和遠足，親近大自然，欣賞天主創造的美好景色。透過這次豐富多彩的活動，學生們不僅深化了對聖堂的認識，更感受到大自然的無限魅力，獲益良多。



漫步長洲山徑，恍如走進一幅自然的畫卷中，讓人倍感愉悅！



陳尚華神父與我們一起在地瑪聖母堂拍照留念



花地瑪聖母堂不但歷史悠久，現在更成為恭敬聖母的朝聖中心。



大家正在品嚐長洲著名小吃——糯米糍



感謝大會送出的紀念品，讓我們留下美好的回憶！

「你要回頭改過，信從福音！」

聖灰禮儀

今年的聖灰禮儀於 5 月 3 日在學校的禮堂舉行。我們很榮幸邀請了蔡楚峯執事主持是次禮儀，大約有一百六十位公教學生及老師共同參與。

蔡執事在禮儀開始前向大家講解了聖灰瞻禮的重要意義——象徵四旬期的開始。他鼓勵同學們在這段期間多做克己，祈禱和悔改，並以愛德行動準備復活節的來臨。在聆聽完瑪竇福音的一段經文後，蔡執事為灰灑上聖水。隨後，所有參與者依次上前領受聖灰。蔡執事在每人的額頭上用聖灰劃上十字聖號，同時誠懇地提醒：「你要回頭改過，信從福音！」藉此勉勵大家在四旬期間多作反省，謙遜認罪，悔改自新，並依循福音的教導，皈依基督。

整個聖灰禮儀期間，同學們都滿懷虔敬和尊重的心參與，氣氛莊嚴而肅穆，禮儀亦圓滿結束。



蔡執事用聖灰在同學的額頭劃上十字聖號

林校長答謝蔡執事為學生們主持聖灰禮儀

我們要在四旬期間多作反省，悔改更新！



聖灰禮儀在莊嚴的氣氛中順利完成



Subject Integration

To support holistic education and foster interdisciplinary learning, our school organised an educational visit to the Hong Kong Zoological and Botanical Gardens for all Primary One students on 12th and 13th March 2025. This excursion was designed to integrate a range of subjects, including Chinese, English, Mathematics, General Studies, Visual Arts and more, allowing pupils to make meaningful connections between classroom learning and real-world experiences. Accompanied by form teachers, subject teachers, and parent volunteers, the students had the opportunity to observe a diverse array of plants and animals in their natural habitats. Throughout the visit, pupils were encouraged to use their observation skills, note down interesting facts, and participate in discussions, thereby enhancing their language abilities and scientific understanding.

The hands-on approach proved highly effective in stimulating students' curiosity and enthusiasm for learning. By engaging directly with the living environment, pupils developed important analytical and reflective skills, which are central to the General Studies curriculum. Group activities and collaborative tasks enabled students to share their findings and insights, further deepening their appreciation of the natural world. Many students expressed that the outing was both enjoyable and educational, providing them with new knowledge and memorable experiences outside the confines of the classroom.

Overall, the visit was a tremendous success, broadening students' horizons and reinforcing the value of learning beyond textbooks. Such interdisciplinary experiences are vital in nurturing well-rounded, inquisitive learners who are eager to explore and understand the world around them. Our school remains committed to organising similar learning opportunities in the future, ensuring that pupils continue to benefit from a dynamic and engaging educational journey.



We were joyfully learning together in a collaborative and engaging atmosphere.



Different species of bamboo can have various characteristics.



We counted one, two... and spotted twelve vibrant pink flamingos!



We utilised a rope to learn how to estimate the circumference of the tree trunk.



The valuable learning experience brought immense joy.



We applied the family tree concept from our textbook to analyze the family of Bornean orangutans.



We used our handspan to measure the length of the Candy Chair.



Oh no! We are in jail now!



This is his first time holding a fire hose!



LOOK! I've never seen this before.

Site Visit for General Studies

In order to provide our Raimondians with holistic learning opportunities and extend the learning environments beyond the classroom, our General Studies Department has arranged for different grade levels to visit various locations. Through direct participation, students are able to more effectively develop problem-solving skills applicable to daily life, foster a proactive spirit of inquiry and self-directed learning, and ultimately achieve the goals of whole-person development and lifelong learning.

Primary Two, Three and Six explored the characteristics and historical backgrounds of their community as well as various professions. Primary Two students conducted separate visits to the Kong Wan Fire Station and the Sai Wan Ho Ambulance Depot. Through questionnaires, they learned about the roles and responsibilities of firefighters and paramedics, such as whether their work requires shift duties and what equipment they use. Primary Three students visited the Police Museum, where they learned about the development of the Hong Kong Police Force. Guided tours provided insights into the history of the police and highlighted significant events and contributions throughout the years. Primary Six students visited the Legislative Council Complex. By participating in guided tours and role-play activities, they gained a deeper understanding of the legislative body and the functions of the Legislative Council.

Primary Four and Five students explored different aspects of history and culture. Primary Four visited the Hong Kong Museum of Coastal Defence to learn about the historical reasons behind the construction of the forts over a century ago and the overall defence system of Hong Kong. Primary Five students visited the Hong Kong Palace Museum, where they admired collections from the Forbidden City during the Qing Dynasty, including portraits of emperors and empresses in their ceremonial attire. By appreciating the exhibits and reading the accompanying information, students were able to deepen their interest in Chinese history.



I am acting as a soldier using binoculars.



This made me feel the true power and responsibility of the President of the Legislative Council!



Mesmerized by the ornate elegance of the Qing dynasty regal court dress.

2024-25 海南島航天遊學團

為拓展學生航天科技視野、厚植愛國情懷，本校於4月16至19日舉行為期四日三夜的海南島航天遊學團。行程以航天科技為核心，融合自然人文探索，引領學生全方位感受國家科技成就與海南島獨特風貌。

在航天科技領域，遊學團參訪文昌航天科普館，透過沉浸式展覽了解中國航天發展歷程與前沿技術；走進海南超算中心，近距離觀摩超級計算機在航天數據分析中的關鍵作用；探訪航天育種中心，見證太空育種技術如何推動農業創新。學生們在專業講解中領略科技強國的深意，激發探索未知的熱忱。

除航天主題行程外，遊學團亦深入探訪海南島多元文化：登臨海口石火山群國家地質公園，溯源萬年火山地貌奇觀；參觀宋氏祖居，從宋慶齡家族史中體悟家國情懷；走進春光椰子王國，透過椰子文化產業鏈感受海南特色經濟活力。此次交流以「科技啟智、文化潤心」為主旨，學生既在航天科技中收穫新知，亦於山海人文間拓寬眼界，為學生搭建知行合一的成長平台。

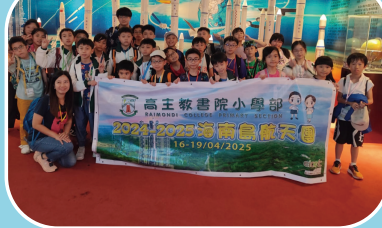
體驗海南島多元文化
後偶見雨後彩虹



從椰子文化產業鏈感受
海南特色經濟活力



了解中國航天發展歷程與
前沿技術



走進春光椰子王國



近距離觀摩超級計算機



Exploring Osaka: A Memorable Journey



In April 2025, our spirited Raimondians embarked on an unforgettable adventure to Osaka, Japan! The highlight of the trip was attending the 2025 World Expo, themed “Designing Future Society for Our Lives.” It was there that our students explored exciting innovations and cultural exhibits from around the globe, igniting their imagination and curiosity.

The journey began at the stunning Osaka Castle Park, where students were in awe of the beautiful architecture and vibrant gardens. They made new friends during a cultural exchange at a Japanese elementary school. The bonds formed here were truly heartwarming!

At the Osaka Science Museum, our students explored various exhibits, observing and learning about scientific concepts. At the Kyoto Railway Museum, they discovered the fascinating history of Japan's railways. Another thrilling stop was at the Osaka Abeno Disaster Prevention Center, where students learned essential safety skills through earthquake simulations.

The culinary adventure was just as delightful, with students savouring delicious tempura and Japanese grilled dishes, a true highlight of their experience!

Throughout this lively journey, our Raimondians displayed enthusiasm and teamwork, fully embracing every experience. They took thoughtful notes and shared reflections, embodying the spirit of fellowship. This trip not only broadened their horizons but also deepened their appreciation for diverse cultures. We are incredibly proud of their engagement and the meaningful lessons they brought back home!



Enjoying Japanese hotpot



Learning safety skills at
the Osaka Abeno Disaster
Prevention Center



Cultural exchange at a Japanese
elementary school



Getting
ready for
the trip!

Primary One to Six School Picnic

Primary One to Six students went on an unforgettable school trip to Wadakiyama Plantation, Tai Tong Organic EcoPark and Wu Kai Sha Youth Village. It was a vibrant and exhilarating trip for parents and students to enjoy together. During the school picnic, students not only participated in various activities and encountered different challenges but also communicated and came together to develop their team spirit. Students challenging themselves on the rope course demonstrated their courage and commitment. Feeding the animals revealed their inner curiosity and kindness. Going on this school picnic allowed students to appreciate the beauty of nature, the happiness of exploration and the warmth of family. Thanks to our selfless parent volunteers and teachers, the school picnic was a huge success. We would like to express our gratitude to our compassionate parent volunteers and teachers for coordinating the school picnic. Your support and dedication truly helped bring the Primary One to Six School Picnic to a fulfilling conclusion and leave lasting memories. They learnt different skills and values and strengthened their bonds of friendship with each other. Our joint effort in nurturing students on their growth journey allowed them to experience such a joyous day at the picnic site.



Animal Affection:
Feeding goats was a
delightful experience!



Unity Unleashed: Showcasing
team spirit and collaboration.



Joyful moments: Celebrating
friendship and teamwork during
a fun-filled day!



Precision Passing: Demonstrating
focus and skill through teamwork.



Talent Quest Prize Giving Ceremony

Hearing the vibrant energy and enthusiasm at this year's Talent Quest Competition was truly inspiring! Students from Primary One to Six participated so eagerly—alongside exciting new additions like the Primary Five and Six Volleyball Competition—showing how the event keeps evolving while fostering teamwork, healthy competition, and school spirit. The volleyball matches were extraordinarily thrilling, with eight players from each class giving their all for their teams!

The Prize Giving Ceremony is the students' highlight of the year, where their talent takes centre stage. It was wonderful that winners had the chance to showcase their talents in front of proud parents and peers. What made this event more special than usual was that school teams like the English and Putonghua Choral Speaking Teams, Chinese Drum Team, and Dance Group added their brilliance to the event this year. These performances not only celebrated individual and group achievements, but also demonstrated the diverse talents nurtured at our school.

We want to sincerely thank the Parent-Teacher Association for its unwavering support. Their involvement helps make these opportunities possible year after year. Events like these don't just highlight students' skills. They build confidence, performance experience, camaraderie and memories that will last a lifetime.

Once again, congratulations to all the winners, performers, and participants! The school is delighted to provide opportunities for its students to shine. We wish you many more years of creativity, passion, and excellence in our Talent Quest!



This young guitarist sat
confidently, strumming his
instrument with passion
as he shared his music
with the audience.



This boy enchanted
the audience with his
cello performance
during the ceremony.



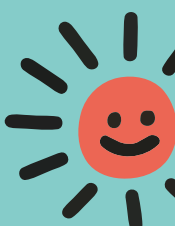
Class 6B stood proudly on
stage, ready to showcase
their talent in a vibrant choir
performance.



This young speaker gestures
captivated the audience with his
powerful delivery, providing to
be a real tour de force on stage.



He energetically commanded the
audience's attention by unleashing
an abundance of thrilling rhythms that
electrified the stage.





古代的運動真有趣！

中華文化日——「金蛇獻瑞迎新春」

學校於本年1月24日舉行中華文化日活動，以「金蛇獻瑞迎新春」為主題。

活動當天，校園內張燈結綵，掛滿了琳瑯滿目的新年裝飾，師生紛紛穿上絢麗多彩的華服回校，令整個校園洋溢着喜慶的節日氣氛。

活動當中，同學能透過精心設計的攤位遊戲，體驗中國古代民間運動及做手工藝的樂趣。

在「港式懷舊小食街」的檔攤中，同學們品嚐了各式各樣的傳統小吃，感受濃厚的昔日香港風情。

當天最精彩的環節就是「粵韻金曲迎新春」活動，同學不僅能近距離欣賞粵曲表演，還能親身體驗傳統粵曲文化的獨特魅力，大家都看得津津有味、意猶未盡。

中華文化日讓同學深入感受到中國傳統文化和藝術之美，也增強了對國家與民族的情感，進一步促進了中華優良傳統的傳承與弘揚。

是次活動更是得到家長教師會的鼎力支持，眾多家長義工傾力協助，呈現出家校共融的和樂景象，大家共同以歡欣滿懷的心情迎接蛇年的來臨。



家校共融，同迎新春！



快來欣賞我們的蛇年揮春



同學們在台上大顯身手，頗有氣勢



粵劇表演及舞龍活動真精彩！



懷舊小食真好吃啊！



看！我們的創意揮春多可愛！



同學們精美的拓印作品



決戰讀角秀

為了營造校園閱讀氛圍，學校於3月17、18日舉辦了「閱讀獨角秀」的活動。在活動期間，老師和同學們各自扮演成自己喜愛的書中角色，簡要分享故事內容並進行匯報。透過這個活動，同學們不僅能夠深入了解書中人物的特質，還能夠在角色扮演中體會到閱讀的趣味，使閱讀更加生動。

此外，學校還特別安排希戲劇場表演戲偶劇《周處除三害》。藉由周處的故事，同學們從中領悟到勇於承擔與敢於面對錯誤的重要品格。活動當天，同學們還在七彩繽紛的圖書海報前合影，臉上流露出自信滿滿的笑容。然而，最值得欣慰的是，通過是次活動，同學們都愛上閱讀，並深切體會到閱讀所帶來的樂趣。這才是整個活動圓滿成功的最大意義！



家長也和小朋友一起投入扮演書中人物。



蜘蛛俠也大駕光臨，與我們分享他的故事！



看！他們到底在扮演什麼？



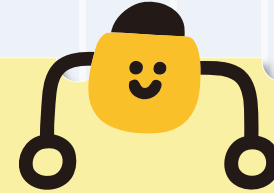
齊齊影張大合照！



戲偶劇十分精彩，看得我們如癡如醉。



老師們都悉心打扮，投入活動。



陸運會

2025年4月15日，在陽光明媚的晴空下，我校第65屆陸運會在灣仔運動場隆重舉行。運動場上，師生們熱情高漲，熱情洋溢。活動的序幕由學校舞蹈隊的精彩演出揭開；隨後林校長主持了鳴笛儀式，宣佈陸運會正式開始。觀眾席上，各班同學精心設計的班旗迎風飄揚，五、六年級各班的啦啦隊表演更為會場增添了活力與熱情。雖然當天氣溫較高，但同學們毫不退縮，在短跑、跳遠、接力等賽事中全力以赴。在一片此起彼伏的吶喊聲中，運動場上的健兒均展開了對不同獎項的激烈角逐。

今年，除了校監及校董外，我們還特別榮幸邀請了舊生呂文偉先生（香港地壺總會創會主席）擔任主禮嘉賓。他不僅與同學們分享了自己成為運動員的心得與經歷，更藉此機會宣揚運動員追求卓越、不屈不撓的精神。他勉勵在場的同學們，要有遠大的目標與視野，在學習和生活中面對困難時保持堅定意志，努力實踐校訓「堅毅力行」，勇往直前。

當頒獎典禮落下帷幕時，是次運動會亦宣告圓滿結束。這不僅是一次展示學生運動才能的活動，更是一次增強校園凝聚力的寶貴機會，為全校師生留下了美好的回憶。



同學們無懼炎熱發揮拼搏精神



3A班同學積極參與，奪得班際第一名



比賽場上的同學堅毅力行，博盡無悔



班際接力體現同學們團結一心



舞蹈隊同學的才藝表演，激發運動熱情

音樂獎項



香港聯校音樂協會			
聯校音樂大賽 2025 – 弦樂團 (小學組)	金獎	弦樂團	
聯校音樂大賽 2025 – 管樂團 (小學組)	金獎	管樂團	
Osaka International Music Competition Committee			
The 25th Osaka International Music Competition (DVD Audition) – Section III Free Program Infant A Course	Gold Prize	Ha Wai Yan Laurence	5C
International Youth Arts & Cultural Centre			
IYACC The 18th International Music Competition (Division: Violin – Concert Class Diploma)	Champion	Leung Nga Yat	4D
粵港澳大灣區文藝協會			
第三屆粵港澳大灣區音樂比賽 – 鋼琴組 (小學 P.3–P.4 組) 香港及澳門區	冠軍	楊卓恆	4A
香港青少年表演藝術交流發展協會			
第十二屆香港國際表演藝術節音樂大賽 – 香港區初賽 (中音薩克斯風公開分齡組 – 少年 A 組)	第一名	夏偉恩	5C

視覺藝術



國際青少年文藝培訓中心			
IYACC 第十七屆國際公開繪畫大賽 (六歲組)	金獎	鍾澤浩	2B
IYACC 第十七屆國際公開繪畫大賽 (七歲組)	金獎	林凱朗	2A
IYACC 第十七屆國際公開繪畫大賽 (八歲組)	金獎	朱栢濤	3A
IYACC 第十七屆國際公開繪畫大賽 (十一歲組)	金獎	陳正賢	6C
香港國際文藝交流協會			
第十四屆國際巡迴賽 (德國站): 繪畫比賽幼童組	冠軍	潘煒桁	4B
第十四屆國際巡迴賽 (德國站): 繪畫比賽少年組	冠軍	朱紫涵	6D

香港學校音樂及朗誦獲獎名單



香港學校音樂及朗誦協會 第 77 屆香港學校音樂節			
單簧管獨奏 (小學高級組)	銀獎 (第一名)	鄭熙柔	6C
第七十六屆香港學校朗誦節			
詩詞獨誦 – 普通話 (小學一、二年級男子組)	冠軍	麥建晞	1C
詩詞獨誦 – 普通話 (小學一、二年級男子組)	冠軍	鄭旨宏	1A

運動獎項



中國香港學界體育聯會

港島東區小學校際田徑比賽男子乙組 4x100 接力	冠軍	鄧峻弘 司徒堯 郭令山 胡潤翹 何柏熹 蔡祐寶	5B 5A 5B 5D 4A 5D
港島東區小學校際游泳比賽 女子甲組 100m 蛙泳	冠軍	林穎嘉	6A
港島東區小學校際田徑比賽女子甲組擲壘球	冠軍	黃晴	6B
港島東區小學校際田徑比賽男子乙組 60 米	冠軍	蔡祐寶	5D
東區康樂體育促進會			
東區跳繩公開賽 45 秒花式挑戰賽 9 歲男子組		黃丞希	4B
東區跳繩公開賽 30 秒前繩電子速度賽男子 9 歲組		何吉晉	4E
東區跳繩公開賽 4x30 單車接力速度賽 10 歲女子組		李澄昕	5D
東區跳繩公開賽 30 秒 4 人大繩速度賽 12–14 歲組		陳若鈴	6C
東區跳繩公開賽 30 秒前繩速度挑戰賽男子 8 歲組		童朗	3D
東區跳繩公開賽 30 秒前繩電子速度賽 12 歲女子組		郭凱頤	6B

喜樂少年作品

本學年投稿獲《喜樂少年》刊登的文章



刊登日期	文題	學生姓名
2024/10/24	《我和陳伯的故事》	6B 陳思衡
2024/11/03	《家庭樂事》	5A 王妍欣
2024/11/17	《我和何思樂的故事》	6B 黃晴
2024/12/01	《家庭樂事》	5A 邱栢軒
2025/01/12	《如何養成健康的生 活習慣》	6B 林潤峰
2025/02/16	《我錯了》	5C 陳星佑
2025/03/02	《一位我尊敬的人》	4A 麥珀瑜
2025/05/25	《我的學校》	5C 李翹彥



編輯委員會：

顧問：林銀燕校長

總編輯：招敏儀助理校長、劉綽培老師、李穎祺老師

編輯：康文璇助理校長、陶雅儀老師、莊曼莉老師、黎曉瑜老師、

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